

# Identification of Brain/Behavior-based Pro-cognitive Pharmacodynamic Effects for ALTO-101 in Healthy Volunteers: Results from a Randomized, Double-blind Phase 1 Study and a PK/Tolerability Phase 1 Study

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## 1. Introduction

- Cognitive impairment is prevalent in schizophrenia (SCZ) and predicts long-term functional outcomes. There is currently no approved treatment for cognitive impairment associated with schizophrenia (CIAS)
- Drugs that increase intracellular cyclic adenosine monophosphate (cAMP) signaling have shown promise as pro-cognitive agents in animal models and early-stage trials in humans

## **Dose-Response Study**

## 4. Theta Inter-trial Coherence



## **PK/Tolerability Study**

- 8. Pharmacokinetics of Oral vs TDS ALTO-101
  - TDS achieved similar C<sub>max</sub> as oral but for longer and more consistently
  - AUC 62% and 170% greater for TDS on day 1 and 2, respectively (day 1 p=0.01; day 2 p<0.001) versus oral</li>
  - TDS adhered well and had no application site reactions

- ALTO-101 is a subtype non-selective brain penetrant phosphodiesterase-4 (PDE4) inhibitor shown to increase cAMP in brain regions critical for cognition
- To limit peaks and troughs associated with adverse events (AE) and reduced efficacy, respectively, ALTO-101 was developed into a transdermal delivery system (TDS)
- The first focus of this research was to evaluate pharmacodynamic (PD) markers of ALTO-101's effects in humans. The second focus was to compare the pharmacokinetics (PK) and tolerability of ALTO-101 administered orally versus via the TDS

# 2. Study Design

- Data from a dose-response study and a PK/tolerability study contributed to analyses of PD markers and AEs, and PK and AEs, respectively
- Both studies were conducted in healthy volunteers aged 40-64 and included a 7-day washout period





Related TEAEs > 5% by preferred term and dose by study

Related	Dose-response study			PK/tolerability study	
adverse	Oral			Oral	TDS
events > 5% n (%)	Placebo (N = 40)	0.5 mg (N = 42)	1.5 mg (N = 43)	1.0 mg (N = 15)	18 mg (N = 14)
PDE-4i Class-					
Dizziness	1 (2.5)	3 (7.1)	16 (37.2)	6 (40.0)	1 (7.1)
Nausea	0	1 (2.4)	12 (27.9)	3 (20.0)	0
Diarrhea	0	0	1 (2.3)	1 (6.7)	0
Dyspepsia	0	0	0	1 (6.7)	0
Vertigo	0	0	0	1 (6.7)	0
Other Aes					
Headache	1 (2.5)	1 (2.4)	2 (4.7)	2 (13.3)	5 (35.7)
Administration site pruritus	NA	NA	NA	0	2 (14.3)
Asthenia	0	0	0	1 (6.7)	0

#### between doses

	Dose-response study	PK/tolerability study	
Study design	placebo-controlled, double-blind, 3-way crossover	open-label, 2-way crossover	
ALTO-101 doses	0.5 mg, 1.5 mg	1.0 mg, 18 mg (TDS)*	
Sequence	randomized, counterbalanced	fixed	
Sample size	40 (PD), 44 (AE)	15, 14 (TDS)	
Age (mean ± SD)	50.5 ± 7.6	52.2 ± 8.0	
Gender (M/F)	20/20	9/6	

SD: standard deviation; M: male; F: female; \* - TDS dosing occurred for 2 days

## PD outcomes and their rationale:

- Theta inter-trial coherence (ITC)
- Passive auditory oddball task (standard trials)
- Blunted in SCZ, related to cognition
- Mismatch negativity (MMN)
- Blunted in SCZ, related to cognition
- Resting relative theta power
- Individuals SCZ have elevated theta power

## 6. **Resting Theta Power**

Dose-dependent decrease in relative theta power (Fz)



## **10.** Conclusions

- Strong SCZ and cognition-related PD effects of ALTO-101 as measured by EEG and neurocognitive tasks
- Consistent dose response to ALTO-101 across multiple PD markers
- TDS produced greater drug exposure and

- Pro-cognitive drugs (AChEI, memantine, AZD3480) decrease theta power
- Processing speed
- Composite score: flanker incongruent reaction time, choice reaction time, and simple reaction time

## 3. Data Analysis

 Mixed-effects models were used to evaluate the effects of ALTO-101 vs placebo in the PD marker analyses Dose-dependent improvement in processing speed



demonstrated an improved tolerability profile
Phase 2 proof of concept study of ALTO-101 in CIAS expected to be launched in the first half of 2024

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